

Revive Us

Individual Studies

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Adapted from:

Revive Us: A Heart Ready for Revival
By Robby Gallaty

Silence and Solitude 2

Confession

It is easy to think wrongly about ourselves. What we feel is not often true. But God searches and knows our hearts. So, the practice of self-examination and repentance invites God to help us know what He sees when He searches our hearts, because we can't search our hearts without His help.

Search me, God, and know my heart; test me and know my concerns. See if there is any offensive way in me; lead me in the everlasting way.

Psalm 139:23-24

Ten Minutes

This week, look to increase your time of silence and solitude to ten minutes each day, and build upon the habit made in week one, with this week a focus instead on confession and repentance. Begin each day by praying Psalm 139:23-24. Listen as God reveals the sins of your heart and mind. Then confess them back to Him in repentance.

Use the blank pages provided to record what God reveals to you.

